



Eksis Abadi Exports

THE LARGEST COCONUT SUPPLIER IN INDONESIA





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Quality and service are our concern

Eksis abadi acknowledged company engaged in presenting a remarkable range of brown coconut. Our fresh coconut is cultivated by using advance agricultural techniques. Eksis abadi offer fresh coconut which rich, juicy, and natural. These are supplied as fresh coconuts with/without husk as requirement by our lovely client. It is classified as a "functional food" because it provides many health benefits beyond its nutritional content.

Further, our brown coconut are used for culinary purpose and other things like for extraction of coconut milk, virgin coconut oil, cocopeat, cocofiber, copra, coconut water, coconut chips, coconut sugar, coconut briquette, coconut charcoal, and many things that we can get from one coconut.



Our Supply Ability

"2.000.000 Pcs / Week"



"Palcoco"

Our coconut

Type : Coconut

Husk Type: Semi Husked

Cultivation Type : Common

Grade : A, B, C

Place Of Origin : Palembang

Quality : High Quality

Style : Fresh

Variety : Mature Coconut

Colour : Natural Brown

Weight : 600gm - 2.000gm

Packing : Mesh PP Bag

What we sell

Grade A : 1 - 2 Kg

Grade B : 650 Gr - 1 Kg

Grade C : Under 650 Gr



Why Our Coconut ?



coconut full of vitamins and minerals. coconut milk gas loads of vitamin b, vitamin c, and vitamin e, making it a healthy food. it's act as antioxidants, rich in lauric acid, restore damage hair, acne, and also can use for the cosmetics product. coconut can helps weight loss and easy to digest and many more beside coconut meat/fruit that we can get benefit from one coconut

feature : highly nutritious, good for health, long shelf life

7 Fact About Coconut

- 1) Improves heart health
- 2) Build Muscle and helps lose fat
- 3) Provide electrolytes and prevent fatigue
- 4) Helps improve digestion and relieve constipation
- 5) May help prevent anemia
- 6) Help prevent joint inflammation and arthritis
- 7) Helps prevent ulcers



COCONUT INGREDIENTS



	Water Immature	Water Mature	Flesh Immature	Flesh Mature
Energy (kcal)	16	22	77	389
Moisture (g)	97.0	92	84	50
Protein (g)	NA	0.3	1.4	3.5
Fat (g)	NA	0.2	3.6	39
Sugars (g)	4.1	5	10	4
Dietary fiber (g)	0	0	0.7	7.5
Potassium (mg)	NA	310	257	360
Iron (mg)	NA	1.1	1	1.1
Vitamin C (mg)	NA	2	6	2

Source: Secretariat of the Pacific Community

PLANT OF LIFE

AN INFOGRAPHIC ON VARIOUS COCONUT USES

The coconut tree bears the coconut fruit, which is used for nutrition, fuel, and shelter. Its cultivation is also one of the most sustainable practices on Earth.

COIR

A natural elastic fiber extracted from coconut husks. It can be used to make:

- Floor mats and doormats
- Brushes
- Ropes and strings
- Stuffing for mattresses
- Caulking for boats and fishing nets



COCONUT WATER

Consumed as a refreshing drink and is gaining popularity as a sports drink among athletes. Can be used to produce:

- Nata de coco (a jelly-like food)
- Coconut wine
- Coconut vinegar (when fermented)

COCONUT HUSKS AND SHELL

Husks be used:

- as a pot for plants

Shells can be used:

- to create bowls, utensils, and handicrafts
- as bodies for some musical instruments or caves for aquariums
- in exfoliating products (when ground)

Husks together with coconut shells can be used:

- for fuel, and are a source of charcoal
- to buff floors
- as a mosquito repellent when burned (the smoke repels the insects)

Discarded husks can be used:

- for variety of household products and flooring materials

COCONUT MEAT

Products extracted from coconut meat:

- Coconut oil
- Coconut milk
- Toddy and nectar
- Copra
- Coconut Sap – Can further yield to:
 - Meera
 - Palm wine (when fermented)
 - Sweet syrup or candy
 - Coconut sugar or palm sugar

COCONUT LEAVES



Used to make:

- Brooms
- Baskets and mats
- Cooking skewers
- Kindling arrows
- Roofing thatch and temporary sheds

COCONUT TRUNK



- Used to make furniture and houses
- Used in Hawaii to create drums, containers, and canoes

COCONUT ROOTS



- Used as dye
- Used as a mouthwash
- Frayed piece of coconut root can be used as toothbrush

COCONUT USES FROM AROUND THE WORLD



BUNOT (Philippines)

COCONUT BRUSH (Jamaica)

Made from coconut shell and used to buff the floors



SAPU LIDI (Indonesia)

WALIS TINGTING (Philippines)

Brooms made from coconut leaves



KAREWE (Kiribati)

A fresh drink derived from coconut sap and consumed in Kiribati



TEMPURUNG (Malaysia)

The Malay word for shell. The coconut shell is used to make a soup bowl and a ladle



YEHU AND BANHU (China)

DÀN GÁO (Vietnam)

REBAB (Middle East and Eastern Europe)

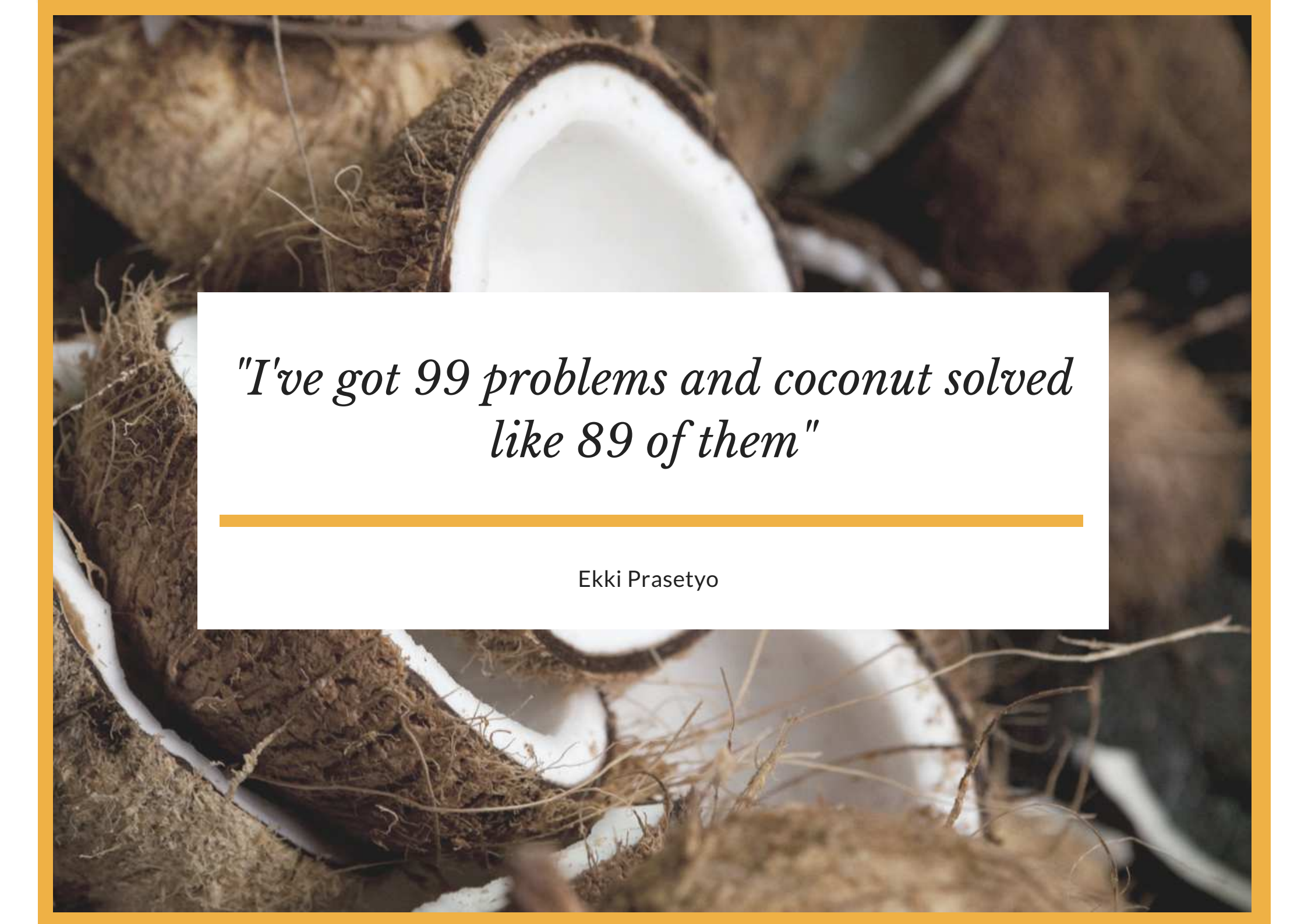
Musical instruments made from coconuts



TUBA TUAK (Philippines, Indonesia and Malaysia)

A drink extracted from coconut sap

*Another benefit
and
product from coconut*



*"I've got 99 problems and coconut solved
like 89 of them"*

Ekki Prasetyo



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Thank You!

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